



REALITY

BREAD 2026

As you participate in the practice of reading the scriptures daily over this next year, we pray that you would encounter the living God through His living text. That you, being rooted and established in love, have power, together with all the Lord's holy people, to grasp how wide and long, and high and deep is the love of Christ.

Below you will find our modern take on Lectio Divina: an ancient approach of prayerfully engaging with Scriptures in order to hear God's personal word to you. In each movement of BREAD, we encourage you to be present to the Spirit, because what we seek is not simply information, or even motivation, but communion and union with God.

Be still

Find a place where you can encounter God, ask him to fill the space, and then take a moment in stillness. Fix your eyes on Jesus and invite the Holy Spirit to guide your time.

Read

Read through the passage for the day with an open mind and heart allowing the words to settle into your being. Reread the passage again slowly. Ask a few questions as you reread. You can find these in the How To Use This Journal section.

Encounter

Taking your chosen verse, begin to meditate on it. What comes to mind and how does it make you feel? What do you think God is trying to reveal to you through this verse? Allow him to speak to your heart and mind.

Apply

Now, turn your focus outward; think about how you might be able to apply this to your day. Write down the one thing you're going to try and live out.

Devote

Finally, close by writing a simple prayer of devotion to God. Ask God to fill you afresh and commit your day to him.

Chosen by God

01.04, 2nd Sunday after Christmas

Sun: Psalm 89:1-18

Mon: John 15:12-17

Tues: 1 Thessalonians 1:2-10

Wed: Isaiah 42:1-9

Thurs: Luke 10:1-12

Fri: 1 Peter 2:1-10

Sat: Colossians 3:12-17

Season after Epiphany

God's Eternal Purpose

01.11, 1st Sunday after Epiphany

Sun: Psalm 45

Mon: Isaiah 46:5-11

Tues: Hebrews 6:9-20

Wed: Matthew 19:16-30

Thurs: Matthew 6:25-34

Fri: 1 Corinthians 3:10-17

Sat: 2 Timothy 1:1-14

Following Jesus

01.18, 2nd Sunday after Epiphany

Sun: Psalm 148

Mon: John 1:35-51

Tues: Matthew 9:9-13

Wed: Luke 9:23-27

Thurs: Matthew 10:34-42

Fri: John 10:22-30

Sat: Matthew 11:25-30

The Call of God

01.25, 3rd Sunday after Epiphany

Sun: Psalm 131

Mon: Luke 5:1-11

Tues: Jeremiah 1:1-10

Wed: Romans 1:1-7

Thurs: 1 Peter 1:13-25

Fri: 1 Peter 3:8-12

Sat: John 21:15-23

The Power of God's Word

02.01, 4th Sunday after Epiphany

Sun: Psalm 29

Mon: John 1:1-13

Tues: Genesis 1:1-19

Wed: Genesis 1:20-31

Thurs: Matthew 9:1-8

Fri: 2 Corinthians 12:1-10

Sat: 1 Peter 1:3-9

The Meaning of Discipleship

02.08, 5th Sunday after Epiphany

Sun: Psalm 32

Mon: Luke 14:7-14

Tues: Luke 9:57-62

Wed: Luke 14:25-34

Thurs: John 6:60-71

Fri: Acts 4:32-37

Sat: Romans 15:1-13

God's Transforming Power

02.15, Last Sunday after Epiphany

Sun: Psalm 66

Mon: 2 Corinthians 3:4-18

Tues: 1 Peter 1:13-25

Wed: Hebrews 1:1-4

Thurs: Jeremiah 32:16-27

Fri: Luke 9:1-6

Sat: Luke 24:36-53

Season of Lent

Getting Ready to Serve

02.22, 1st Sunday in Lent

Sun: Psalm 19

Mon: Luke 16:1-13

Tues: Matthew 20:20-28

Wed: Philippians 2:1-11

Thurs: Hebrews 12:12-17

Fri: 1 Peter 4:1-11

Sat: John 12:20-36

What God Has Promised

03.01, 2nd Sunday in Lent

Sun: Psalm 119:33-48

Mon: 1 Kings 8:22-30

Tues: Nehemiah 9:6-25

Wed: Romans 4:16-25

Thurs: James 1:1-15

Fri: 2 Corinthians 1:12-22

Sat: 2 Peter 3:5-13

Meeting God Face to Face

03.08, 3rd Sunday in Lent

Sun: Psalm 27

Mon: Genesis 32:22-32

Tues: Exodus 3:1-12

Wed: Isaiah 55

Thurs: 2 Corinthians 4:1-6

Fri: 1 Corinthians 13:1-13

Sat: Romans 8:1-17

The God Who Seeks

03.15, 4th Sunday in Lent

Sun: Psalm 107

Mon: Luke 19:1-10

Tues: Matthew 18:10-14

Wed: Ezekiel 36:22-30

Thurs: Jeremiah 30:1-10

Fri: Hebrews 2:1-18

Sat: Romans 5:1-11

Power to Give Life

03.22, 5th Sunday in Lent

Sun: Psalm 36

Mon: John 17:1-19

Tues: Romans 6:1-14

Wed: John 10:22-30

Thurs: Matthew 16:21-28

Fri: Luke 8:40-56

Sat: John 12:44-50

The Cost of Right Choices

03.29, Palm Sunday

Sun: Psalm 56

Mon: Acts 14:19-28

Tues: 1 Peter 2:21-25

Wed: 1 Corinthians 1:3-11

Thurs: Isaiah 53:1-6

Fri: Isaiah 53:7-9

Sat: Isaiah 53:10-12

The Living Christ

04.05, Easter Sunday

Sun: Psalm 23

Mon: Acts 3:11-16

Tues: Acts 4:1-12

Wed: Acts 5:17-32

Thurs: Acts 2:22-36

Fri: Ephesians 1:15-23

Sat: 2 Corinthians 4:7-18

Life in Christ

04.12, 2nd Sunday of Easter

Sun: Psalm 126

Mon: Romans 6:1-11

Tues: Ephesians 2:1-10

Wed: Galatians 2:11-21

Thurs: John 17:1-5

Fri: Romans 6:15-23

Sat: Romans 8:18-30

Companionship with the Living Lord

04.19, 3rd Sunday of Easter

Sun: Psalm 121

Mon: Ezekiel 36:22-36

Tues: Genesis 17:1-8

Wed: Genesis 39:19-23

Thurs: Philippians 4:1-9

Fri: Colossians 2:6-15

Sat: Acts 4:23-37

The True Shepherd

04.26, 4th Sunday of Easter

Sun: Psalm 80

Mon: Jeremiah 23:1-8

Tues: Ezekiel 11:14-21

Wed: Jeremiah 31:10-14

Thurs: John 10:1-18

Fri: 1 Peter 5:1-11

Sat: Acts 20:17-38

Staying Close to God

05.03, 5th Sunday of Easter

Sun: Psalm 34

Mon: Psalm 18:1-19

Tues: Matthew 7:21-28

Wed: Mark 12:28-34

Thurs: James 1:19-26

Fri: Colossians 1:15-29

Sat: Ephesians 3:14-21

Love One Another

05.10, 6th Sunday of Easter

Sun: Psalm 128

Mon: Romans 12:9-21

Tues: Colossians 3:12-17

Wed: Galatians 5:1-15

Thurs: 1 John 2:7-17

Fri: 1 John 3:1-18

Sat: 1 John 4:7-21

That All May Be One

05.17, 7th Sunday of Easter

Sun: Psalm 133

Mon: 1 Peter 1:13-25

Tues: Titus 3:1-11

Wed: Philemon 1-25

Thurs: Hebrews 13:1-25

Fri: 2 Timothy 1:1-14

Sat: 1 Thessalonians 1:2-10

Life in the Spirit

05.24, Pentecost Sunday

Sun: Psalm 104

Mon: Ephesians 4:17-32

Tues: Ephesians 3:14-21

Wed: Ezekiel 39:21-29

Thurs: 2 Corinthians 1:3-11

Fri: 2 Corinthians 8:1-15

Sat: 1 Corinthians 13:1-13

Ordinary Time

God in Three Persons

05.31, Trinity Sunday: 1st Sunday after Pentecost

Sun: Psalm 80

Mon: Deuteronomy 6:4-25

Tues: John 5:19-29

Wed: 1 Corinthians 12:1-13

Thurs: Ephesians 1:1-14

Fri: Colossians 1:1-14

Sat: John 16:1-11

Christ's True Family

06.07, Ordinary Time

Sun: Psalm 40

Mon: Hosea 6:1-6

Tues: Hosea 11:1-9

Wed: Matthew 13:53-58

Thurs: Matthew 21:12-17

Fri: John 17:20-26

Sat: Matthew 12:46-50

Signs of God's Kingdom

06.14, Ordinary Time

Sun: Psalm 84

Mon: Matthew 3:1-10

Tues: Matthew 18:21-35

Wed: Matthew 20:1-16

Thurs: Matthew 20:20-28

Fri: Luke 9:46-62

Sat: Acts 7:54-8:8

God Calls & Provides

06.21, Ordinary Time

Sun: Psalm 8

Mon: 1 Corinthians 2:1-13

Tues: Matthew 9:35-10:15

Wed: Matthew 10:16-23

Thurs: Matthew 10:24-33

Fri: Matthew 10:34-42

Sat: John 21:15-23

Consequences of Following Jesus Christ

06.28, Ordinary Time

Sun: Psalm 28

Mon: Matthew 12:46-50

Tues: Luke 14:25-33

Wed: Luke 22:24-30

Thurs: Luke 9:57-62

Fri: Joshua 24:16-28

Sat: Romans 14:13-23

A Disciple's Mission & Reward

07.05, Ordinary Time

Sun: Psalm 35

Mon: Matthew 10:1-15

Tues: Romans 1:1-7

Wed: John 1:6-13

Thurs: Colossians 1:9-23

Fri: Colossians 1:24-29

Sat: 1 Peter 1:1-9

God's Plan for the Church

07.12, Ordinary Time

Sun: Psalm 46

Mon: Isaiah 55:1-13

Tues: Isaiah 1:10-17

Wed: Isaiah 1:21-26

Thurs: Romans 15:1-13

Fri: Ephesians 4:1-16

Sat: John 17:20-26

Listening & Obeying

07.19, Ordinary Time

Sun: Psalm 62

Mon: Mark 9:1-8

Tues: James 1:19-27

Wed: James 4:1-10

Thurs: Romans 6:15-23

Fri: Philippians 2:12-18

Sat: John 14:15-24

God's Ability to Provide

07.26, Ordinary Time

Sun: Psalm 63

Mon: Genesis 22:1-14

Tues: 1 Timothy 6:11-19

Wed: Psalm 68:1-10
Thurs: John 10:1-18
Fri: Matthew 7:1-12
Sat: 1 Peter 5:1-11

Establishing the Right Priorities

08.02, Ordinary Time

Sun: Psalm 73
Mon: Luke 10:38-42
Tues: Romans 8:18-25
Wed: 2 Corinthians 6:1-13
Thurs: Revelation 19:1-8
Fri: Hebrews 10:19-39
Sat: Colossians 3:5-17

Facing Life's Uncertainties

08.09, Ordinary Time

Sun: Psalm 127
Mon: Isaiah 54:9-17
Tues: Hebrews 10:1-10
Wed: 2 Peter 1:1-11
Thurs: 1 Peter 3:13-22
Fri: 1 Peter 4:12-19
Sat: John 17:1-19

The Mystery of God's Gifts

08.16, Ordinary Time

Sun: Psalm 145
Mon: Matthew 8:1-4
Tues: Matthew 8:5-13
Wed: Matthew 8:14-17
Thurs: Matthew 9:18-26
Fri: Matthew 9:27-34
Sat: Mark 10:46-52

The Centrality of Christ

08.23, Ordinary Time

Sun: Psalm 18:1-19

Mon: John 1:19-28
Tues: John 14:1-11
Wed: Colossians 1:15-23
Thurs: John 6:66-71
Fri: John 12:20-36
Sat: John 11:1-16

True Discipleship

08.30, Ordinary Time

Sun: Psalm 1
Mon: Philippians 2:1-8
Tues: Galatians 5:16-24
Wed: Matthew 5:1-11
Thurs: Matthew 5:12-16
Fri: Matthew 7:21-28
Sat: Matthew 5:43-48

Reconciliation

09.06, Ordinary Time

Sun: Psalm 130
Mon: 2 Corinthians 5:16-21
Tues: Romans 5:1-11
Wed: 2 Corinthians 13:1-12
Thurs: Acts 10:34-43
Fri: Luke 6:37-42
Sat: Luke 17:1-6

God's Unlimited Grace

09.13, Ordinary Time

Sun: Psalm 141
Mon: Colossians 2:8-15
Tues: Ephesians 2:1-10
Wed: Romans 6:1-14
Thurs: Romans 8:1-11
Fri: 2 Timothy 2:1-13
Sat: John 8:1-11

Good Stewards

09.20, Ordinary Time

Sun: Psalm 3

Mon: 1 Corinthians 4:1-7

Tues: 1 Corinthians 4:8-13

Wed: 1 Thessalonians 1:1-10

Thurs: 2 Thessalonians 1:1-4

Fri: Luke 12:35-40

Sat: Luke 12:41-48

Who Enters God's Kingdom?

09.27, Ordinary Time

Sun: Psalm 33

Mon: Matthew 10:40-42

Tues: Matthew 12:22-37

Wed: Matthew 12:46-50

Thurs: Luke 18:1-8

Fri: Luke 18:9-14

Sat: Romans 8:31-39

Faithful & Obedient

10.04, Ordinary Time

Sun: Psalm 92

Mon: Hebrews 11:1-16

Tues: Acts 8:1-8

Wed: Acts 11:19-26

Thurs: Matthew 21:28-32

Fri: Luke 12:35-40

Sat: Luke 12:41-48

All Things Are Possible

10.11, Ordinary Time

Sun: Psalm 103

Mon: Exodus 3:7-22

Tues: Jeremiah 32:16-24

Wed: Isaiah 40:18-31

Thurs: Romans 4:13-25

Fri: Acts 12:1-17

Sat: Hebrews 1:1-14

Servanthood

10.18, Ordinary Time

Sun: Psalm 71

Mon: John 13:1-11

Tues: Romans 15:1-13

Wed: 2 Corinthians 6:1-10

Thurs: 2 Corinthians 4:1-13

Fri: 2 Corinthians 7:1-13

Sat: Matthew 10:24-39

When Jesus Calls

10.25, Ordinary Time

Sun: Psalm 139

Mon: Luke 7:36-50

Tues: Mark 5:1-20

Wed: Matthew 9:1-12

Thurs: Acts 9:10-18

Fri: Luke 6:27-36

Sat: John 9:1-12, 35-41

True Humanity

11.01, Ordinary Time

Sun: Psalm 4

Mon: Romans 8:1-17

Tues: 2 Timothy 1:1-14

Wed: 1 Peter 2:21-25

Thurs: Romans 14:1-21

Fri: Matthew 6:25-34

Sat: Matthew 19:16-29

A Resurrection People

11.08, Ordinary Time

Sun: Psalm 90

Mon: John 11:1-16

Tues: John 11:17-27

Wed: John 11:28-37

Thurs: John 11:38-44

Fri: Acts 17:22-23

Sat: Romans 6:1-11

Faithful Witness

11.15, Ordinary Time

Sun: Psalm 16

Mon: Philippians 1:12-18

Tues: Luke 12:1-12

Wed: Colossians 4:1-6

Thurs: Matthew 20:1-16

Fri: John 5:30-47

Sat: Acts 10:34-38

Christ the King

11.22, Last Sunday After Pentecost

Sun: Psalm 47

Mon: Matthew 16:21-28

Tues: John 6:15-21

Wed: John 1:43-51

Thurs: Acts 17:1-9

Fri: 1 Corinthians 15:20-28

Sat: Revelation 1:1-8

Season of Advent

Waiting & Watching

11.29, 1st Sunday in Advent

Sun: Psalm 97

Mon: Luke 1:67-80

Tues: Colossians 1:9-23

Wed: Mark 1:1-8

Thurs: Isaiah 43:1-13

Fri: Hebrews 10:11-25

Sat: Zephaniah 3:14-20

Getting Ready

12.06, 2nd Sunday in Advent

Sun: Psalm 62

Mon: Luke 1:5-25

Tues: Luke 1:57-80

Wed: Matthew 3:1-12

Thurs: Isaiah 62:1-12

Fri: Luke 12:35-48

Sat: Isaiah 51:1-8

Good News

12.13, 3rd Sunday in Advent

Sun: Psalm 80

Mon: Mark 13:1-13

Tues: Luke 21:25-36

Wed: Revelation 1:1-8

Thurs: John 1:14-18

Fri: Ezekiel 34:11-16

Sat: Acts 1:1-11

When God Comes

12.20, 4th Sunday in Advent

Sun: Psalm 65

Mon: James 5:7-18

Tues: Matthew 1:18-25

Wed: Isaiah 40:1-11

Thurs: Ezekiel 34:17-31

Fri: Isaiah 9:1-7

Sat: Philippians 4:4-9

God's Greatest Gift

12.27, 1st Sunday after Christmas

Sun: Psalm 96

Mon: Exodus 20:18-26

Tues: Galatians 3:23-4:7

Wed: 2 Corinthians 5:16-21

Thurs: John 3:1-8

Fri: Ephesians 1:3-14

Sat: Colossians 1:15-23