

Use these prompts to help your children fill in the blanks, then put together a personal Psalm by placing lines of praise and thanks at the beginning and end, with some of the other content in between. Feel free to use just a few of the prompts or create some new ones of your own, these are just ideas!

On the next page is an example of how a 5 year old's responses could come together to create a Psalm.

God, thank you that you are _____

God, I want to tell you (that) _____

I am happy when _____

I get sad when _____

I sometimes get scared when _____

I don't know why _____

I need help with/to _____

Where is God right now? _____

How do you know God is real? _____

I know you love me because _____

I can trust you to _____

Would you help _____?

That's it! Take the thoughts and responses and create a Psalm to capture your child's feelings and thoughts. Offer these to God as a prayer together and take a short time to imagine how God is responding to the Psalm.

If you are willing and able, please share your child's Psalm with us by email:

parents@realtiysf.com

Thank you, God, for keeping me safe. I love you.

You made everything here on earth. You are very helpful all around the world. I'm glad you made us.

Thank you, God, for making me glad. Thank you, God, for loving me and my family.

Thank you for loving my brother and seeing his needs. Give him the strength to walk, run, and jump. Keep him from falling and feeling sad.

Hold me tight the way I hug and kiss my Mom. Help me not feel hurt when my parents say, "No."

Please help me feel safe when the lights are out.

I am grateful for you, God, and all that you have made.